



WWW.ABIGAILSPORTUGAL.COM

ABIGAIL'S
Café

WELCOME TO ABIGAIL'S

WE SERVE BREAKFAST, BRUNCH & LUNCH. WE ARE 100% VEGETARIAN. ENJOY!



ALL OUR ITEMS ARE MADE FRESH TO ORDER & WILL GO OUT WHEN READY.
Please order at the counter.

WiFi: NoWiFiNoCry PASSWORD: bomdia20

SPECIALTY COFFEE

Abigail's has partnered with **Fábrica Coffee Roasters**, located in Lisbon, to bring you the highest quality beans roasted right here in Portugal.

CHECK OUT OUR COFFEE BLACKBOARD FOR TODAY'S ESPRESSO AND FILTER SINGLE ORIGIN BEANS.

COFFEE	
ESPRESSO	1.80
DOUBLE	2.80
LONG BLACK	2.50
AMERICANO	2.50

FILTER	
BATCH BREW (FILTER)	3
HARIO SWITCH IMMERSION	4.50
COLD BREW	3.50

WITH MILK	
MACCHIATO	2.30
CAPPUCCINO	3.50
FLAT WHITE	3.50
CAFE LATTE	3.50
MOCHA	5
MATCHA	5
CHAI LATTE	5
GOLDEN LATTE	5
HOT CHOCOLATE	4.50

ICED *All unsweetened	
ICED BLACK	2.50
ICED WHITE	3.20
ICED LATTE	3.70
ICED MOCHA	5.20
ICED CHOC	4.70
ICED TEA	3

TEA	
ENGLISH BREAKFAST	2.80
GREEN TEA	2.80
CALMING TISANE	2.80
MINT & GINGER	2.80

EXTRA	
Special Espresso	+0.50
Large	+0.50
Extra shot	+1.80
Oat milk	+0.80
Side Milk	+0.60

DECAFFEINATED AVAILABLE

JUICES

	SMALL (12oz)	4.95
	LARGE (16oz)	5.95

BEETS BY ABS (V)	
Beetroot ginger lemon carrot green apple	
STRESS LESS (V)	
Strawberries ginger lemon green apple	
CLEAN GREEN (V)	
Kiwi cucumber green apple celery	
FATIGUE NO MORE (V)	
Fireball health shot carrot celery green apple	
HONEST OJ (V)	
Sun ripened Algarvian oranges	
ABBY'S LEMONADE (V)	
Lemon juice simple syrup mint rosemary	
FIREBALL HEALTH SHOT (V)	3
Ginger turmeric blk pepper lemon cayenne	

SMOOTHIES

Add extra protein to your smoothie Vegan or Whey 2.95

GREEN MONSTER (N)(V)	5.95
Spinach banana peanut butter cinnamon almond milk chia seeds	
IMMUNITY BACKFLIP (V)	
Fireball health shot carrot orange banana pineapple juice chia seeds	
KICK IN THE BERRIES (V)	
Mixed berries coconut pineapple juice banana	
GRUFFALO (N)(V)	
Peanut butter chocolate banana almond milk coconut chia seeds	

SOFT DRINKS

KOMBUCHA	GLASS 5.95 BOTTLE 13.95
Seasonal kombucha made in Lagos	
WATER 33CL	2
SPARKLING WATER 33CL	2.50
COKE / COKE ZERO	3
SUPER BOCK / SUPER BOCK ZERO	3.50

TAKE-AWAY +0.50

Contains nuts (N) | Vegan (V) | Gluten Free (GF)* | Dairy Free (DF)
If you need information about allergenic ingredients, please ask the collaborators.

*We can't guarantee that our Gluten Free Items haven't been contaminated with gluten at some point as we use wheat items in the same kitchen

BREAKFAST & BRUNCH

THE BACHELOR'S GRILLED CHEESE	7.95
Buttered sourdough cheddar cheese	
Add scrambled eggs 2.5 jalapeño 1.5 guacamole 2.5 sautéed spinach 2 feta 2 grilled mushrooms 2 grilled red onion 1.5 cherry tomato 1.5 grated cheese 1.5 bean mix 2 homemade pickles 1.5	

AVOCADO SMASH (N)(V)	8.95
Avocado smash toasted sourdough fresh watercress homemade dukkah	
Add scrambled or fried eggs 2.5 jalapeño 1.5 sautéed spinach 2 feta 2 grilled mushrooms 2 grilled red onion 1.5 cherry tomato 1.5 grated cheese 1.5 bean mix 2 homemade pickles 1.5	

EVERYDAY EGGS	7.95
Eggs (scrambled or fried) fresh watercress buttered sourdough or bowled with quinoa (GF)(DF). Pimp it up with our extras:	
Add spinach 2 mushrooms 2 feta 2 grilled red onion 1.5 guacamole 2.5 pico de gallo 1 bean mix 2 cherry tomato 1.5 grated cheese 1.5 homemade pickles 1.5	

BREAKFAST BURRITO*	10.95
ROLLED OR BOWLED (GF)	
Scrambled eggs pico de gallo guacamole bean mix quinoa spinach piri piri aioli grilled tortilla wrap	
Add cheese 1.5 jalapeño 1.5 grilled mushrooms 2 feta 2 homemade pickles 1.5	
* (V) option available	

SUNDAY FUNDAY PANCAKES	SHORT (3) 7.95	TALL (5) 9.95
You'll flippin' love these pancakes. With powdered sugar		
Add banana 1 strawberries 2 blueberries 2.5 homemade chocolate sauce 1.5 honey 1.5 maple syrup 2 homemade nutella 2 homemade peanut butter 2 homemade berry jam 2		

APPLE & BLUEBERRY OAT CRUMBLE (GF)	9.95
Apple and blueberry baked oat crumble greek yoghurt fresh fruit honey chia seeds	

SAY QUICHE!	9.95
Homemade quiche with leek, spinach, sundried tomato and goat cheese. Comes with a side salad	

FALAFEL POWER BOWL (N)*	13.95
ROLLED OR BOWLED	
Homemade falafels marinated olives feta beetroot hummus quinoa pico de gallo cucumber cherry tomato spinach homemade dukkah lemon vinaigrette dressing	
Add homemade pickle 1.5 jalapeños 1.5	
* (V) option available	

HOLY COW! VEGAN BURGER (V)	16.95
I can't believe it's not meat!	
Beyond Beef pattie tomato red onion spinach homemade pickles ketchup side salad	
Add cheese 1.5 jalapeños 1.5	

VIRGIN V-EDGY BURGER (DF)*	16.95
Homemade veggie pattie guacamole tomato red onion spinach homemade pickles piri piri aioli side salad	
Add cheese 1.5 jalapeños 1.5	
* (V) option available	

GOODIES

BANANA BREAD (N)(DF)	3
CHEDDAR & JALAPEÑO SCONES	3.75
PASTEL DE NATA	2
CROISSANT	2.50
Add butter 1 honey 1.5 homemade nutella 2 homemade berry jam 2	
CARROT CAKE WITH CREAM CHEESE FROSTING	4.50
YOLO POP (N)(V)(GF)	2.50
Blended dates and peanut butter with dark chocolate	
PROTEIN BAR (N)(V)(GF)	4.95
BLUEBERRY MUFFIN (N)(GF)(DF)	4.50
w/almond Streusel	
CHOCOLATE CHIP COOKIE	3
ABBY'S BROWNIE (N)(V)(GF)	4
CHEESE, MUSHROOM & TOMATO PASTRY	4.95
'SAUSAGE' ROLL (V)	4.50
PEANUT BUTTER, CHOCOLATE & COCONUT	
BLISS BALL (N)(V)(GF)	2.50

MENUS / COMBOS

POSITIVE ENERGY	13.95
Avocado Smash (N)(V) + Fresh Juice + PB Bliss Ball (N)(V)(GF) or Banana bread (N)(DF)	

OFF TO THE BEACH	16.95
Olá Breakfast Burrito (DF) + Fresh Juice + PB Bliss Ball (N)(V)(GF) or Banana bread (N)(DF)	

LIVING ON THE V-EDGE*	22.95
Virgin V-edgy Burger (DF) + Fresh Juice + PB Bliss Ball (N)(V)(GF) or Banana Bread (N)(DF)	
* (V) option available	

KIDS

EMILIA'S BABYCCINO	1
KIDS HOT CHOCOLATE	2
ARLO'S APPLE JUICE	3
THE GRUFFALO'S CHILD SMOOTHIE	4
Peanut butter chocolate banana milk	
MAYA'S MINI PANCAKES & FRUIT BOWL	7.95
Mini pancakes strawberries banana blueberries powdered sugar	

THANK YOU FOR VISITING ABIGAIL'S CAFÉ AND SUPPORTING OUR LOCAL COMMUNITY. IF YOU WOULD LIKE TO LEARN MORE ABOUT US OR SIGN-UP FOR OUR NEWSLETTER PLEASE VISIT OUR WEBSITE. WE HOPE TO SEE YOU AGAIN SOON AND ENJOY YOUR DAY.

★ CHECK OUT OUR SHOP ★

T-SHIRTS & SWEATERS

TOTE BAGS

SPECIALTY COFFEE

TOWELS & MUCH MORE

All products are made in Portugal & customized for Abigail's.

Instagram Facebook @ABIGAILSPORTUGAL | HELLO@ABIGAILSPORTUGAL.COM | WWW.ABIGAILSPORTUGAL.COM

Descubra também o nosso restaurante
@nahbahbah
nahbahbah.com





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ABIGAIL'S

Café

BEM-VINDOS AO ABIGAIL'S

TODOS OS NOSSOS ITENS SÃO FEITOS FRESCOS SOB ENCOMENDA E SAIRÃO QUANDO PRONTOS.
Por favor, faça o pedido no balcão.

WIFI: NoWifiNoCry PASSWORD: bomdia20

CAFÉ DE ESPECIALIDADE

O Abigail's faz parceria com a **Fábrica Coffee Roasters**, situada em Lisboa, para lhe trazer grãos de café de alta qualidade torrados aqui em Portugal.

VEJA O NOSSO QUADRO DE CAFÉ PARA O EXPRESSO E FILTRO DE GRÃOS DE CAFÉ DE ORIGEM, QUE TEMOS PARA HOJE.

COFFEE	
EXPRESSO	1.80
DUPLO	2.80
LONG BLACK	2.50
AMERICANO	2.50

FILTRO	
BATCH BREW (FILTER)	3
HARIO SWITCH IMMERSION	4.50
COLD BREW	3.50

COM LEITE	
MACCHIATO	2.30
CAPPUCCINO	3.50
FLAT WHITE	3.50
CAFE LATTE	3.50
MOCHA	5
MATCHA	5
CHAI LATTE	5
GOLDEN LATTE	5
CHOCOLATE QUENTE	4.50

GELADO *Sem açúcar	
ICED BLACK	2.50
ICED WHITE	3.20
ICED LATTE	3.70
ICED MOCHA	5.20
ICED CHOC	4.70
ICED TEA	3

CHÁ	
ENGLISH BREAKFAST	2.80
CHÁ VERDE	2.80
TISANA CALMANTE	2.80
MENTA E GEGIBRE	2.80

EXTRA	
Expresso Especial	+0.50
Longo	+0.50
Extra shot	+1.80
Leite de Aveia	+0.80
Leite extra	+0.60

DISPONÍVEL EM DESCAFEINADO

SUMOS

PEQUENO (350ml)	4.95
GRANDE (470ml)	5.95

BEETS BY ABS (V)
Beterraba | gengibre | limão | cenoura | maçã verde

STRESS LESS (V)
Morango | gengibre | limão | maçã verde

CLEAN GREEN (V)
Kiwi | pepino | maçã verde | aipo

FATIGUE NO MORE (V)
Fireball health shot | cenoura | aipo | maçã verde

HONEST OJ (V)
Laranjas do Algarve

ABBY'S LEMONADE (V)
Sumo de limão | açúcar | hortelã | rosmarinho

FIREBALL HEALTH SHOT (V) 3
Gengibre | açafraão de terra | pimenta preta | limão | pimenta caiena

SMOOTHIES

Adiciona extra proteína ao teu Smoothie Vegan ou Whey 2.95

GREEN MONSTER (N)(V)
Espinafres | banana | manteiga de amendoim | canela | leite de amêndoa | chia

IMMUNITY BACKFLIP (V)
Fireball health shot | cenoura | laranja | banana | sumo de ananás | chia

KICK IN THE BERRIES (V)
Mistura de bagas | framboesa | morango | côco | sumo de ananás | banana

GRUFFALO (N)(V)
Manteiga de amendoim | chocolate | banana | leite de amêndoa | côco | chia

SOFT DRINKS

KOMBUCHA	COPO 5.95	GARRAFA 13.95
Kombucha sazonal feito em Lagos		
ÁGUA 33CL		2
ÁGUA DAS PEDRAS 33CL		2.50
COCA-COLA / COCA-COLA ZERO		3
SUPER BOCK / SUPER BOCK ZERO		3.50

TAKE-AWAY +0.50

SERVIMOS PEQUENO ALMOÇO, ALMOÇO E BRUNCH. SOMOS 100% VEGETARIANOS. DESFRUTEM!



Contém frutos secos (N) | Vegano (V) | Sem Gluten (GF)* | Sem Leite (DF)
Se precisar de informações sobre ingredientes alergênicos, pergunte aos colaboradores.

*Não podemos garantir que nossos itens sem glúten não tenham sido contaminados com glúten em algum momento, pois usamos itens de trigo na mesma cozinha.

BREAKFAST & BRUNCH

THE BACHELOR'S GRILLED CHEESE 7.95
Pão sourdough com manteiga | queijo cheddar
Adicione ovos mexidos 2.5 | jalapeño 1.5 | guacamole 2.5 | espinafres salteados 2 | queijo feta 2 | cogumelos grelhados 2 | cebola roxa grelhada 1.5 | tomate cereja 1.5 | queijo ralado 1.5 | mistura de feijão 2 | pickles caseiros 1.5

AVOCADO SMASH (N)(V) 8.95
Purê de abacate | pão sourdough tostado | agrião fresco | dukkah caseiro
Adicione ovos mexidos ou estrelados 2.5 | jalapeño 1.5 | espinafres salteados 2 | queijo feta 2 | cogumelos grelhados 2 | cebola roxa grelhada 1.5 | tomate cereja 1.5 | queijo ralado 1.5 | mistura de feijão 2 | pickles caseiros 1.5

EVERYDAY EGGS 7.95
Ovos (mexidos ou estrelados) | agrião fresco | pão sourdough com manteiga ou bowl com quinoa (GF)(DF). Aproveite nossos extras:
Adicione espinafres 2 | cogumelos 2 | queijo feta 2 | cebola roxa grelhada 1.5 | guacamole 2.5 | pico de gallo 1 | mistura de feijão 2 | tomate cereja 1.5 | queijo ralado 1.5 | pickles caseiros 1.5

BREAKFAST BURRITO* 10.95
WRAP OU TAÇA (GF)
Ovos mexidos | pico de gallo | guacamole | mistura de feijão | quinoa | espinafres | piri piri aioli | wrap de tortilha grelhada
Adicione queijo 1.5 | jalapeño 1.5 | cogumelos grelhados 2 | queijo feta 2 | pickles caseiros 1.5
*(V) opção disponível

SUNDAY FUNDAY PANCAKES
SHORT (3) 7.95
TALL (5) 9.95
Amor à primeira dentada. Com açúcar em pó.
Adicione banana 1 | morangos 2 | mirtilos 2.5 | molho de chocolate caseiro 1.5 | mel 1.5 | maple syrup 2 | nutella caseira 2 | manteiga de amendoim caseira 2 | compota de frutos vermelhos caseira 2

APPLE & BLUEBERRY OAT CRUMBLE (GF) 9.95
Crumble de aveia assada com maçã e mirtilo | iogurte grego | frutas frescas | mel | sementes de chia

SAY QUICHE! 9.95
Quiche caseira com alho francês, espinafres, tomate seco e queijo de cabra. Acompanha salada.

FALAFEL POWER BOWL (N)* 13.95
WRAP OU TAÇA
Falafels caseiros | azeitonas marinadas | queijo feta | hummus de beterraba | quinoa | pico de gallo | pepino | tomate cereja | espinafres | dukkah caseiro | vinagrete de limão
Adicione pickles caseiros 1.5 | jalapeños 1.5
*(V) opção disponível

HOLY COW! VEGAN BURGER (V) 16.95
Nem acredito que não é carne!
Hamburguer Beyond Beef | tomate | cebola roxa | espinafres | pickles caseiros | ketchup | salada
Adicione queijo 1.5 | jalapeños 1.5

VIRGIN V-EDGY BURGER (DF)* 16.95
Hamburguer vegetariano caseiro | guacamole | tomate | cebola roxa | espinafres | pickles caseiros | piri piri aioli | salada
Adicione queijo 1.5 | jalapeños 1.5
*(V) opção disponível

GOODIES

BOLO DE BANANA (N)(DF)	3
SCONES DE CHEDDAR & JALAPEÑO	3.75
PASTEL DE NATA	2
CROISSANT	2.50
Adicione manteiga 1 mel 1.5 nutella caseira 2 compota de frutos vermelhos caseira 2	
BOLO DE CENOURA COM COBERTURA DE QUEIJO CREME	4.50
YOLO POP (N)(V)(GF)	2.50
Purê de tâmaras e manteiga de amendoim com chocolate negro	
PROTEIN BAR (N)(V)(GF)	4.95
MUFFIN DE MIRTILOS (N)(GF)(DF)	4.50
c/streusel de amêndoa	
BOLACHA COM PEPITAS DE CHOCOLATE	3
ABBY'S BROWNIE (N)(V)(GF)	4
FOLHADO DE QUEIJO, COGUMELOS & TOMATE	4.95
FOLHADO DE 'SALSICHA' (V)	4.50
TRUFA DE MANTEIGA DE AMENDOIM, CÔCO	
E CHOCOLATE (N)(V)(GF)	2.50

MENUS / COMBOS

POSITIVE ENERGY 13.95
Avocado Smash (N)(V) + Sumo + PB Bliss Ball (N)(V)(GF) ou Bolo de Banana (N)(DF)

OFF TO THE BEACH 16.95
Olá Breakfast Burrito (DF) + Sumo + PB Bliss Ball (N)(V)(GF) ou Bolo de Banana (N)(DF)

LIVING ON THE V-EDGE* 22.95
Virgin V-edgy Burger (DF) + Sumo + PB Bliss Ball (N)(V)(GF) ou Bolo de Banana (N)(DF)
*(V) opção disponível

KIDS

BABYCCINO DA EMÍLIA	1
CHOCOLATE QUENTE PARA CRIANÇAS	2
SUMO DE MAÇÃ DO ARLO	3
SMOOTHIE GRUFFALO PARA CRIANÇAS	4
Manteiga de amendoim chocolate banana leite	
MINI PANQUECAS DA MAYA COM FRUTA FRESCA	7.95
Mini panquecas morangos banana mirtilos açúcar em pó	

OBIGADO POR VISITAR O CAFÉ ABIGAIL'S E APOIAR A NOSSA COMUNIDADE LOCAL. SE QUISER SABER MAIS SOBRE NÓS OU SUBSCREVER A NOSSA NEWSLETTER POR FAVOR, VISITE O NOSSO WEBSITE. ESPERAMOS VÊ-LO NOVAMENTE EM BREVE E APROVETE O SEU DIA.

★ VISITE A NOSSA LOJA ★

T-SHIRTS & SWEATERS

TOTE BAGS

SPECIALTY COFFEE

TOWELS & MUCH MORE

Todos os produtos são produzidos em Portugal e personalizados para o Abigail's.

